

Shopping List

Play the **Shopping List** game together.

Afterwards talk about your favourite foods and write a simple shopping list together. For very young children choose pictures from old catalogues or magazines and cut them out and glue onto the shopping list. Older children may be able to copy or write the food names next to each picture.

Go on a shopping trip, on a walk around the shops, market or supermarket, see if your child can recognise any of the prices and talk about comparisons e.g. look at some of their favourite fruits or vegetables and see if they can tell you how much it is. Is the broccoli cheaper or more expensive than the cauliflower? Count apples or other fruits as you put them into a bag. At the checkout explain that there are different ways to pay for your shopping. Which will you be using today?

Older children will need more explanations about other methods of paying e.g. credit and debit cards. Try and explain how these work.

Playing shop

Play the game **Play Shop** together.

Arrange packets of dried foods and tins and write simple prices on post-it notes and stick to each one. Ask your child to choose 2 or 3 items and place in a shopping bag. Count the items and talk about the price together. What is the total cost of the shopping? Alternatively arrange toys in groups and repeat the activity.